

The Tanning Basics Quiz

Name:

Salon Name:

Salon Address:

1. What are the 2 layers of our skin that absorb UV light? Circle all that apply.
 - a. Dermis
 - b. Subcutaneous Layer
 - c. Epidermis
 - d. Melanocytes
 - e. Pores
2. The number of melanocytes in our body is based off heredity and genetics.
 - a. True
 - b. False
3. The amount of melanin in your skin is dependent upon heredity and genetics.
 - a. True
 - b. False
4. A sunburn occurs when:
 - a. You put too much sunscreen on
 - b. Your skin is overexposed to UV light
 - c. The blood vessels at the surface of the skin are disrupted
 - d. B & C
 - e. Use too much tanning lotion
 - f. B & E

5. A first-time tanner who has never tanned in a tanning bed before can go into any equipment for the full amount of time.
- a. True
 - b. False
6. How does a tan fade?
- a. Shower, shaving & exfoliating
 - b. Natural skin cell reproduction pushes out the old cells
 - c. Dehydrated skin
 - d. All the above
7. What 2 types of UV light are produced indoors and outdoors?
- a. UVA/UBC
 - b. UVA/UVB
 - c. UVB/UVC
8. Explain UVA Light.
-
-
9. Explain UVB Light.
-
-
10. Indoor tanning units are known to be controlled units because they are built and formulated to tan you with lower risk of burning.
- a. True
 - b. False

11. It is impossible to burn when tanning indoors.

- a. True
- b. False

12. What is the main ingredient that is used to highlight Devoted Creations products?

- a. Coconut Oil
- b. Vitamin C
- c. Aloe Vera
- d. Fragrance